

Become a **SilverSneakers**[®] Fitness Program member today!

Call or visit our Web site today to find out if your health plan offers the SilverSneakers Fitness Program.

Your health plan may include SilverSneakers as part of your benefit package. Find out how you can take advantage of all that SilverSneakers offers!

- Basic fitness membership with access to amenities
- Use of any participating SilverSneakers location
- Optional SilverSneakers classes led by certified instructors
- Health education seminars and fun social events

Visit www.silversneakers.com for more information, or call 1-888-423-4632 (hearing-impaired members call the National Relay Service: 711), Monday through Friday 8 a.m. to 8 p.m. EST to speak with a customer services representative.

SilverSneakers Fitness Program, a product of Healthways, is the nation's leading exercise program designed exclusively for older adults.

SilverSneakers is proudly presented in your area by:

The Gathering Place
@ Community Church of Greenwood
1495 West Main Street
Greenwood, IN 46142
(317-884-0531)

